**[A blue and white sign

Description automatically generated](https://www.smartsheet.com/try-it?trp=12219&utm_source=template-word&utm_medium=content&utm_campaign=18-Hour+Weekly+Schedule-word-12219&lpa=18-Hour+Weekly+Schedule+word+12219)Microsoft Word 18-Hour   
Weekly Schedule Template**

|  |  |  |
| --- | --- | --- |
| **Schedule Start Time** | **Time Interval** | **Week Start Date** |
| **10:00 AM** | **60 MIN** | **2/7/2033** |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Time** | **MON** | **TUES** | **WED** | **THURS** | **FRI** | **SAT** | **SUN** |
| **MM/DD/YY** | **MM/DD/YY** | **MM/DD/YY** | **MM/DD/YY** | **MM/DD/YY** | **MM/DD/YY** | **MM/DD/YY** |
| 10:00 AM |  |  |  |  |  |  |  |
| 11:00 AM |  |  |  |  |  |  |  |
| 12:00 PM |  |  |  |  |  |  |  |
| 1:00 PM |  |  |  |  |  |  |  |
| 2:00 PM |  |  |  |  |  |  |  |
| 3:00 PM |  |  |  |  |  |  |  |
| 4:00 PM |  |  |  |  |  |  |  |
| 5:00 PM |  |  |  |  |  |  |  |
| 6:00 PM |  |  |  |  |  |  |  |
| 7:00 PM |  |  |  |  |  |  |  |
| 8:00 PM |  |  |  |  |  |  |  |
| 9:00 PM |  |  |  |  |  |  |  |
| 10:00 PM |  |  |  |  |  |  |  |
| 11:00 PM |  |  |  |  |  |  |  |
| 12:00 AM |  |  |  |  |  |  |  |
| 1:00 AM |  |  |  |  |  |  |  |
| 2:00 AM |  |  |  |  |  |  |  |
| 3:00 AM |  |  |  |  |  |  |  |
| 4:00 AM |  |  |  |  |  |  |  |

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